NAVIGATING THE NEW NORMAL

Scripture References: Ephesians 1:17-21, 4:2, Micah 6:8, Philippians 4:8-9, 1 John 4:18

Group Opener: (Choose a question for your connection group to discuss.)

1. Change is happening right now across the world. How do you react to change?
2. How has God changed you during this pandemic?

Discussion Questions:

Group Facilitator – It is not necessary to use all the questions. Select ones that will stimulate the most response from your Life Group.

1. How would a post covid19 society look like?
2. What is this “new normal”? Please give your personal understanding of what “new normal” is?
3. In this sermon, we talk about roadmaps to navigate the new normal. First, the preacher said, we need to COUNT OURSELVES AS LOADED AND UPGRADED. Why do you think this attitude is necessary in order to navigate well this new normal? Ephesians 1:15-23
4. How do you usually cope to situations that are too big to conquer?
5. In Ephesians 4:2, we were told to be completely humble and gentle; be patient, bearing with one another in love. Give me some practical applications of this verse to our new normal.
6. Given the prerogative to be judgmental or considerate, in which side do you usually swing and why?
7. Where you able to adjust well with our virtual worship, fellowship, training and bonding?
8. Another roadmap to navigate the new normal that we discuss is Micah 6:8 - REMEMBER WHAT HASN’T CHANGED. What does the Lord require of us? How would you apply this in this post covid19 scenario?
9. Roadmap no.4 is – TAKE THE GOOD WITH YOU. (Philippians 4:8-9) What are the good or valuable lessons of life that God taught you in this crisis that you can bring along with you in this new normal?
10. How are you handling the endless “what-ifs” and unknowns of this season? 1 John 4:18
11. What godly wisdom or lessons of life did you get out of this crisis?

12. What do you think are the blessings brought about by this pandemic?

13. In what way can you be of help to someone who is having a hard time navigating this new normal?

Intentional Discipleship:

How can this passage bring transformation to my life? What specific action do I need to take? What practical lessons can we share with those that we are discipling? Write it down! Start applying it! Share it with others!

**CG Action Steps**

- Assist any member of the group or friend that needs help especially those that were terminated from work.
- Let us be the first to put this WORD (sermon) to action.
- Pray for someone who has never come to know Jesus as savior.
- Reach out to that person that God is impressing in your heart. Show kindness just like the kindness that you received from King Jesus.
- Make every effort to follow up the members of your connection groups through social media platforms.
- As a connection group, initiate accountability among the members. Encourage every member to be in the WORD. Use a notebook to journal daily meditations.
- Have a spare bible always ready to be given to anyone who will be interested. Then if you do, then follow up the person to whom you gave the bible by doing LTG with that person. Do LTG only with a person of the same sex. If the recipient of the bible is of the opposite sex endorse him/her to our brethren of the same sex.
- What leadership trainings do your members need to take? Have they all completed our IDT levels of spiritual development? If not, what is holding them back?